

1. **Why on Sundays?**

Ex. 20: 8-11 --“remember the Sabbath and keep it holy” [Ten Commandments]; but see, Mark 2: 27-28

Matt. 28: 1 -- Christ resurrected on first day of the week – Sunday;

Acts 2: 1 -- day of Pentecost, founding of church, was a Sunday [see Lev. 23:16 – 51 days after Passover Sabbath];

Acts 20: 7 – on the first day of the week the church at Troas gathered together to break bread, Paul preached until midnight [this may have been on our Sat. evening according to Jewish day beginning at 6 pm];

1 Cor. 16: 1-2 – possibly suggests gathering of church on first day of week [for taking of collection]

Rev. 1: 10 -- “I was in the Spirit on the Lord’s Day”

Heb. 10: 24-25 -- It is important to maintain the habit of meeting together to encourage one another.

2. **Why Observe the Lord’s Supper Every Week?**

Luke 22: 14-20 – started as Passover meal; Jesus could have simply been attaching new meaning to this Jewish feast, which was commanded as a “perpetual ordinance.” [Ex. 12: 17];

1 Cor. 11: 17-27, 34 – church in Corinth gathered together to eat a full meal; see also Jude 12 [“love feast”];

Acts 2: 42-46 – earliest Christians “broke bread” daily together;

Acts 20: 7 – broke bread on first day of the week

Early Church History -- “The evidence for the early Christians’ day of worship is clear and unmistakable. They did not observe the seventh day, the Sabbath, as the Jews, but they assembled on the first day of the week, the day of the resurrection of Christ The Lord’s Supper was a constant feature of the Sunday service The eucharist [thanksgiving] was the climax of the Christian worship service...” (Ferguson, Early Christians Speak, pp.70, 96).

3. **Why Acapella Singing [no musical instruments]?**

Eph. 5: 19 – “speaking to one another with psalms, hymns and songs from the Spirit. Sing and make music from your heart to the Lord” [emphasis added];

Col. 3: 16 – “you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts” [emphasis added];

James 5: 13 – “Is anyone happy? Let them sing songs of praise”;

But see:

Psalms 150: 3-5 -- praise him with trumpet, lute, harp, tambourine, strings, pipe, cymbals [*and dance*];

Rev. 15: 2-3 -- saints hold harps given them by God and sing the song of Moses and the Lamb.

4. **Other Acts of Worship:**

1 Cor. 14 – *Prophecy* [speaking God’s word] and *Instruction* for strengthening, encouragement, comfort, edifying the church [vs. 1, 26]; speaking in tongues and interpretation [vs. 6-19];

1 Tim. 4:13 – *Public Reading of Scripture*;

1 Tim. 2: 1-2, 8 – *Prayer*, including petitions, intercessions, and thanksgiving for all people; “lifting up holy hands”; John 16:23 – ask in the name of Jesus.

1 Cor. 16:2 – *Giving* on the first day of the week, “set aside” a sum of money in keeping with your income.

Heb. 12: 28 – worship God with reverence and awe;

1 Cor. 14: 26, 32, 40 – when you come together, everything must be done so that church may be built up ... everything should be done in a fitting and orderly way.